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## PRESS RELEASE

### For Immediate Release

May 3, 2010

Contact: Lesley Greene, Associate Producing Director, 607-272-0403; lesley@kitchentheatre.org

**TICKETS:** \$23; CALL 607-273-4497; VISIT Ticket Center Ithaca, 171 The Commons, Ithaca, NY; or CLICK [www.kitchentheatre.org](http://www.kitchentheatre.org) and buy online.  
**GROUP RATES:** Discounts are available when you come with a group. For details, call 607-272-0403.  
**WEBSITE:** For more information on the Kitchen Theatre Company, visit [www.kitchentheatre.org](http://www.kitchentheatre.org).

### Photos available upon request

This piece is made possible in part by an Individual Artist Grant awarded to Rachel Lampert by the **COMMUNITY ARTS PARTNERSHIP OF TOMPKINS COUNTY**. This funding helps the Kitchen bring intimate and engaging theater to life.

## Rachel Lampert's comedy LOSING MYSELF premieres at the Kitchen

**Ithaca, NY:** 'Spring cleaning' takes a personal bent in LOSING MYSELF, a new play with music and dance by Kitchen Theatre Artistic Director Rachel Lampert. LOSING MYSELF will be at the Kitchen Theatre for ten performances only, May 26 through June 6.

Playwright Lampert is known for her original small-cast musicals (PRECIOUS NONSENSE, TONY & THE SOPRANO, BED NO BREAKFAST, COMFORT FOOD, and THE ANGLE OF THE SUN) and also for her personal narrative pieces, including THE SOUP COMES LAST, a perennial favorite at the Kitchen Theatre. Since her last work in this latter category, a decade has passed. Some things have slowed down and others sped up and still, lots of questions. Joined by a cast ranging in age from 11 to several decades older, Lampert looks forward and backward, sometimes at the same time. Filled with humor and insightful observations about a life in the theater, Lampert draws on her playwright and choreographer background as she stops to smell the roses. Fans of THE SOUP COMES LAST will find that LOSING MYSELF has the same spirit—with a few more wrinkles, but just as many laughs. For anyone who has enjoyed the Kitchen Theatre Company's time in the Clinton House, LOSING MYSELF will be a walk down memory lane with a little kick in the pants.

"LOSING MYSELF is a combination plate. I go back to my roots in dance for some of it and take a look at the process of living as I now understand it. I am happily working with two young actress/dancer/singers, Erin Hilgartner and Chunmei McKernan, my child muses in recent years, and my Kitchen colleagues Steve Nunley and Lesley Greene, who have joined me in many an adventure. I always think laughter is a remedy for many ills, so I am planning a lot of it."

All performances of LOSING MYSELF will be performed at the Kitchen Theatre's current location - the historic Clinton House, 116 N. Cayuga St., Ithaca, NY.

### Performance Dates:

Wed., May 26, 2010 at 7:30pm  
Thurs., May 27, 2010 at 7:30pm  
Fri., May 28, 2010 at 8:00pm  
Sat., May 29, 2010 at 8:00pm  
Sun., May 30 2010 at 4:00pm  
Wed., June 2, 2010 at 7:30pm  
Thurs., June 3, 2010 at 7:30pm  
Fri., June 4, 2010 at 8:00pm  
Sat., June 5, 2010 at 8:00pm  
Sun., June 6 2010 at 4:00pm

bold • intimate • engaging

# KITCHEN

**theatre***company*

Artistic Director, Rachel Lampert

Office (607) 272-0403  
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Tickets (607) 273-4497  
[www.kitchentheatre.org](http://www.kitchentheatre.org)

Historic Clinton House, 116 N. Cayuga St., Ithaca, N.Y. 14850

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**Bold, intimate, engaging...**Kitchen Theatre Company (KTC), now in its 19th season, is downtown Ithaca's critically acclaimed and nationally recognized year-round professional theatre with four performance series (Main Stage, Family Fare, Kitchen Counter Culture, Kitchen Sink). KTC is the first not-for-profit recipient of the David R. Strong Memorial "Small Business of the Year" Award from the Tompkins County Chamber of Commerce. KTC provides an engaging mix of regional and world premiere plays and musicals to Central NY in an intimate 73-seat theatre that encourages a bold relationship between audience and actor. The theatre is located in the historic Clinton House, a renovated hotel in Downtown Ithaca, New York. Ithaca is located on the southern tip of Cayuga Lake in central New York. Kitchen Theatre Company receives public funds from the New York State Council on the Arts, a State Agency and the Tompkins County Room Occupancy Tax Fund. For the 2009-10 Season the Kitchen Theatre Company also receives support from the Shubert Foundation.

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